

# *Dr. Olga Stevko Biography*



Dr. Olga Stevko is an internationally known Clinical Hypnotherapist, NLP Master Practitioner and trained MD from Russia who has integrated Hypnosis, NLP and Clinical Nutrition to help hundreds of clients “change their thoughts, and transform their lives”, including high profile CEO’s and celebrities. She has been featured on NBC, MSNBC, and Russia State TV. Dr. Olga focuses on both Health & Healing and Personal Growth, and specific areas of expertise include: Weight Loss, Habit Modification, Anti-Aging & Longevity, Surgery Healing, Stress Reduction, and Hypno-birthing. She is the author of multiple Hypnosis/NLP CD products, and is a highly regarded seminar speaker. Clients who follow her program have a 98%+ success rate.

## *Healing Background and Philosophy*

Olga knew she would dedicate her life to healing others while recovering from her own early childhood illnesses at the age of four. She graduated with her Medical Degree with honors from the prestigious “Medical University” in Vladivostok, Russia. Medical School focuses included Clinical Nutrition and Holistic Medicine approaches, which look at the whole person and the mind-body relationship. Olga moved to the US after eight years medical practice in Russia. Her credentials include Advanced Hypnotherapy Certifications with numerous top US master trainers, Certified Master Practitioner of Neuro-Linguistic Programming (NLP), and Certified Health Practitioner of NLP (one of only 500 US Graduates). Her NLP trainers include NLP pioneers Robert Dilts, Steve Andreas, and Tim Halbom. Memberships include the National Guild of Hypnotists (the oldest and largest Hypnosis Society), and IASH (The Institute for the Advanced Studies of Health, the leading US NLP Society). Olga has combined her thousands of hours of client sessions and years of training to create unique, proprietary processes which combine Hypnosis, NLP and nutrition to obtain superior results to those she had achieved using any of the processes individually.

*“I now know after twenty years in Medicine and healing that all things are possible, and healing and growth begin with changing your thoughts, beliefs and behaviors to get the results you want.”*

*-Dr. Olga Stevko*

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## *Press/Media Expert Quotes/Interviews*

Dr. Olga is passionate about educating the public on Hypnosis, NLP, and nutrition, and is available for expert quotes or interviews on the following topics:

- Hypnosis & Guided Imagery
- Mind-Body Healing
- NLP
- Clinical Nutrition/Supplements
- Personal Growth/Peak Performance, Goal Setting & Achievement
- Getting through Challenging Economic Times
- Grief & Significant Loss
- Belief Change
- Weight Loss
- Eating Disorders
- Sleeplessness
- Stress, Fears & Anxiety Reduction
- Anti-Aging & Longevity
- Surgery Hypnosis & Healing
- Post Traumatic Stress Disorder
- Hypno-birthing
- Quitting Smoking
- Alcohol/Drug Abuse
- Study for Exams
- Public Speaking and Performance
- Eliminating Procrastination
- Positive Thinking
- “The Secret”
- Forgiveness
- Gratitude

Dr. Olga has numerous client video testimonials on her website as well, and many of her clients are also available for interview. Please feel free to contact Olga directly for your next story. Olga can typically respond most quickly to phone messages:

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